Thursday Appointment

Participants: Krystle

Krystle Sep 17, 9:24 AM

Hi Mr. Fouts,

My name is Krystle, and I am the nurse manager for the neurology clinics at UK. I've been reviewing your messages and concerns, and I see that a lot of information has been shared back and forth. To help make things easier and be sure you get the right care, Dr. Jicha has scheduled a telehealth visit for you tomorrow, Thursday, 9/18/25, at 11:00 AM.

Since this visit is at the same time as your Botox appointment, we will go ahead and cancel the Botox for tomorrow. After your visit with Dr. Jicha, we'll work together to set up any follow-up appointments you may need.

If you have any questions in the meantime, please don't hesitate to reach out. We look forward to seeing you virtually tomorrow at 11:00 AM.

Thank you,
Krystle, RN

You 1:17 AM

I DO NOT CONSENT to Dr. Jicha (or anyone acting on his behalf) leading my medical care.

I will meet with him this one time only as a follow-up because urgent clinical issues were repeatedly ignored and require acknowledgment in the record.

Reason for Limited Attendance

Multiple documented, time-sensitive findings and unresolved follow-up requests exist in my chart, including but not limited to:

Abnormal FDG-PET results showing regional cortical hypometabolism.

Documented new spinal lesions (T7/T8 and L2).

Persistent abnormal laboratory results.

These were not addressed in prior visits. I am attending solely to secure an immediate, documented plan, appropriate specialist referrals, and second opinions.

Required Actions for Today's Visit

Written acknowledgment of my FDG-PET result noting hypometabolism and the radiology interpretation suggesting possible frontotemporal involvement.

Correction of chart language: Confirmation that my spinal lesions (T7/T8 and L2) are new, not congenital.

Immediate referrals to:

Behavioral/Cognitive Neurology

Neurosurgery/Spine Oncology

Infectious Disease (for fungal/mycotoxin workup: Fungitell + RealTime Labs)

Hematology

Vascular Surgery

Outstanding urgent testing orders (already requested multiple times):

Doppler/CTA for lower extremity discoloration

Biopsy or PET/MRI correlation for spinal lesions if recommended by responsive specialists

1 attachment

2025-09-18-Dr-Jicha-History-Of-MyChart-Messages-And-Lack-Of-Any-Concern-Negligence.pdf

You 1:18 AM

Repeat testing:

FDG-PET (brain and spine)

Lumbar puncture

Botox for migraine and occipital headaches

NeuroQuant at a certified NeuroQuant facility

Repeat brain + spine MRI (without contrast or with iron contrast, as before)

Brain MRI with CSF protocol

Brainstem MRI for worsening autonomic dysfunction

Documentation Expectations

These items must be entered into my chart today — not merely discussed verbally.

Any attempt to minimize, mislabel, or omit these findings must be corrected in writing.

If Dr. Jicha cannot or will not provide these referrals/orders, he (or clinic staff) must explicitly decline in writing and provide the name and contact of the clinician who will assume responsibility for urgent coordination.

Legal and Ethical Context

I have already requested a formal complaint against Dr. Jicha. Assigning him to lead my care after that was inappropriate.

Ellen Kilgore in the EEO office has refused my complaints. UK General Counsel has refused to release a single record for me or my child.

Due to repeated systemic failures, I am bringing legal and medical advocates onto my care team. This visit is the one opportunity to document a cause of action and a clear next-step plan.

Please place a visible note in my chart:
“Patient does NOT consent to Dr. Jicha leading ongoing care; attending this visit only to secure urgent coordination and documentation.”

You 1:18 AM

Reporting Obligations

Krystle, I believe you want to do the right thing. As a mandated reporter, I will be disclosing protected information to you. I ask that you take this information to law enforcement on my behalf. I need a secure way to contact you.

Thank you. I expect prompt, factual documentation and appropriate referrals.

— John R. Fouts

You 1:23 AM

Please see the attached for basic information on my spiritual faith based association - Upward Spirals Association - it is important for this to be in the front of my chart in one way or another. I have a much larger doctrine file but I am very tired and need rest desperately. I will attach two ada accommodations letters separately.

2 attachments

- 2025-06-18-EIN-Letter-Upward_Spirals_EIN_Declaration_Corrected_Format.pdf
- 2025-05-24-Ministry-Declaration-Summary-for-Advocacy-and-Civil-Rights-John-R-Fouts-1.pdf

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You 1:25 AM

ADA Accommodations letters to be kept in the front of my chart - one way or another - also....I also remain displaced due to unlawful eviction without cause in violation of many laws - ADA, VAWA, 1915c, Section 504, Olmstead Act, Mainstream Voucher protections, and more....didn't protect us at all... (meaning me and my child)....I attached also Dr. Vaughn's letter regarding medical fragility. Please confirm you can read each of the letters and keep them front and center also in my chart.

3 attachments

- 14-2025-09-02-Grounded-Serpent-Fouts ADA letter-Signed-Dr-Brown.pdf
- 14-2025-09-14-Dr-Shaikun-ADA-Notes-How-Important-Stability-and-Medical-Access-ADA-Accommodations-and-Dangers-of-Displacement.pdf
- EXHIBIT-EMERGENCY MEDICAL-NECESSITY-LETTER-DR-JORDAN-VAUGHN-URGENT-HOUSING-ACCOMMODATIONS.pdf

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You 1:29 AM

I will need to send you separate letters on TNFRSF13B Deficiency and VAWA specifically, and will do so after my visit tomorrow.

I want to bring to your attention that bone cancer has been listed in my chart? No one ever told 'me' that I have bone cancer! I need to know who put it in - when it was put in - for what reason it was put in - what evidence supports this diagnosis, and more...

Also many other things such as neuroquant showing volumetric profound atrophy is not even noted in my chart despite severity of findings. So what gives.....these are two of over a hundred errors.

3 attachments

- 2025-09-18-Part-1-JRF-UK-Clinic-MyChart - Health Summary.pdf
- 2022-08-03-TMS-John-Fouts-NeuroQuant-Morphology-Reports.pdf
- 2025-09-18-Part-2-JRF-UK-Clinic-MyChart - Health Summary.pdf

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You 1:30 AM

and I am attaching some CIRS related findings too that remain unaddressed and I likely could have a fungal infection on the loose now (for years - without appropriate treatment or follow up care as well)...

3 attachments

2025-09-18-Pulled-at-1-03-am-MyChart - Health Issues.pdf
2025-09-18-Dr-Jicha-History-Of-MyChart-Messages-And-Lack-Of-Any-Concern-Negligence.pdf
2023-08-18-Fungitell-Serial-Positive-Results-Over-400-Graph-Norton.pdf

You 1:38 AM

Being provided because need help resolving and neurological issues are related directly.

3 attachments

RealTimeLabs-Fouts-Results.pdf
2024-10-04-Mold-Related-Documents-Lab-Tests-Examinations_compressed_part_1.pdf
2024-10-04-Mold-Related-Documents-Lab-Tests-Examinations_compressed_part_2.pdf

You 1:39 AM

Further information - 7 parts to the mold-related-docs

3 attachments

2024-10-04-Mold-Related-Documents-Lab-Tests-Examinations_compressed_part_3.pdf
2024-10-04-Mold-Related-Documents-Lab-Tests-Examinations_compressed_part_4.pdf
2024-10-04-Mold-Related-Documents-Lab-Tests-Examinations_compressed_part_5.pdf

You 1:40 AM

Neuroquant textual portion and rest of mold labs etc....

3 attachments

2024-10-04-Mold-Related-Documents-Lab-Tests-Examinations_compressed_part_6.pdf
2024-10-04-Mold-Related-Documents-Lab-Tests-Examinations_compressed_part_7.pdf
2022-08-03-TMS-John-Fouts-NeuroQuant-Brain-MRI-Report-Textual (1).pdf

You 1:43 AM

One of 2 new tumors found in spine yet they are listed as congenital in my record though they did not appear until 2023 and 2024 - the record falsifications, omissions, minimizations, and fraudulent entries must stop - I do not know why they are so out of line - I work very hard to keep my record accurate and yet it is further and further from where it is meant to be due to provider issues with keeping accurate records and providers not being honest. Some are - don't get me wrong - but many aren't and my record shows this....the mandated reporting part must come to you via a secure contact method. What kind of secure contact exists at UK or anywhere that I can get the protected additional information to you - where I can safely disclose it?

3 attachments

2024-08-27-MRI-UK-John-Fouts-Brain-Brittany-Castle-Neurology.pdf
2017-04-21-Brain-MRI-Results-Mucosal-Thickening-Ethmoid-Cells (1).pdf
2023-02-24-New-Tumor-Discovered-at-T8-Intraosseous-Hemangioma-Thoracic-Spine-MRI.pdf

You 1:47 AM

P.S.
For clarity: I did not consent to the cancellation of my Botox appointment prior to its cancellation. This was done without my authorization. Please reinstate or reschedule Botox immediately, and ensure that any future appointment changes require my explicit consent.

Additionally, I need to know the name of the neurology clinic director and their direct contact information so I can communicate in writing regarding ADA accommodations. I must understand the organizational hierarchy at UK Neurology in order to effectively escalate issues and protect both my safety and my child's safety at this point.

Please allow up to 72 business hours for a reply.

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